

Prenatal Lead Risk Questionnaire
For those who are pregnant or planning a pregnancy

		Yes	No	Don't Know
1.	Have you ever lived in a home built before 1978 that has been remodeled, painted, or had deteriorated paint?	When: _____		
2.	Have you ever been told you had lead in your blood, even as a child?			
3.	Have you or others in your household ever had a job or hobby that uses lead? See list below.			
4.	Have you ever used imported pottery, dishes or leaded crystal glass for cooking, serving, or storing food?			
5.	Have you ever eaten chilies, spices, snacks, or candies from another country (for example Mexico, India, China). See list below.			
6.	Have you ever lived or traveled in another country?	Where: _____ How long: _____		
7.	Some pregnant women have an urge to eat things that are not food. Have you ever eaten dirt, clay, pottery, or paint chips?			
8.	Have you ever used traditional folk remedies or cosmetics? See list below. Circle all that apply.			
If you answered YES to any of these questions, and you are pregnant or planning to become pregnant, ask your health care provider for a blood test to see if you have lead in your blood.				

Items that may contain lead:

JOBS or HOBBIES	FOODS:	Folk/herbal/homemade remedies or cosmetics
Home renovations or repairs	Tamarind	Greta (bright yellow powder for stomach ache)
Painter	Chilis	Azarcon (bright orange powder for stomach ache)
Bridge or tunnel worker	Turmeric (spice)	Sindoor (bright red powder used for bindi dot)
Construction or demolition	Snacks/candies from Mexico, China, India, Australia, etc.	Surma, Kohl, Kajal, (black powder eye makeup)
Job/hobby using firearms (Police, hunting, firing range)	Chapulines	Paylooah (orange-red powder for fever)
Pottery making		Herbs/teas/other products to help get pregnant
Battery or radiator repair		Ayurvedics (traditional Indian medicines)
Stained glass making		
Metal scrap or recycling work		
Fishing (lead weights)		IMPORTED POTTERY, DISHES, ETC.
Building or repairing ships/boats		Clay pots, ceramic dishes/cups, leaded glasses

• Get The Lead Out Coalition of the Bay Area •

Adapted from prenatal lead risk questionnaires from other State Lead Programs
For information on piloting the questionnaire, email the Coalition: www.getleadout.org